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## 16 Vegan Dishes That Are Way More Exciting Than Salad

Plant-based menu items are an important part of a healthy diet, even for people not on vegetarian or vegan diets.

However, sometimes it seems like restaurants have little to offer outside of a basic salad. Sometimes though, spots take things up a notch and offer hearty vegan fare that is anything but basic.

### Salt & Pepper Tofu



Diced and wok-fried, with garlic, scallion, and dried red chili, this amazing vegan dish is found at [Philippe Chow](#) in New York City. Philippe Chow is famous for their Peking Duck and Chicken Satays, but the restaurant also has a unique offering of vegetarian dishes on their menu. “The ‘Salt & Pepper’ style dishes on our menu are completely vegan, but are some of the most popular dishes that our customers order every time,” said Chef Philippe Chow, Executive Chef of Philippe which has locations in New York’s Upper East Side and Meatpacking District. “The Salt & Pepper Eggplant and Salt & Pepper Tofu are diced and wok-fried, then topped with garlic, scallion, and dried red chili which certainly packs the heat and a ton of flavor.”